

甲狀腺機能亢進以一位年輕男性腹痛來表現——一個診斷的陷阱

Hyperthyroidism Presenting with Abdominal Pain in a Young Male: A Diagnostic Pitfall.

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摘要

甲狀腺機能亢進以女性較常見。常見的症狀有心浮氣燥，流汗，心悸，食慾差，顫抖，緊張。比較少見的症狀如增加腸蠕動合併腹瀉，因而會被誤診為一般急性胃腸炎。非典型之臨床症狀發生於男性病患身上，會導致年輕醫師容易誤診。經由急診醫師小心翼翼的病史詢問檢查，理學檢查及無顯影劑之腹部電腦斷層掃描，我們正確地診斷及治療一位 29 歲男性甲狀腺機能亢進病人臨床上偽裝成急性闌尾炎。

Abstract

Hyperthyroidism is more frequent in females than males. Common clinical manifestations are restlessness, warm and moist skin, palpitations, poor appetite, tremor and nervousness. Increased frequency of bowel movements with or without diarrhea is less common and can be misleading, suggesting acute gastroenteritis. When this happens in a male patient, it may be difficult to decide on the correct diagnosis if the attending physician is not alert. We successfully diagnosed and treated a 29-year-old male patient, who presented with acute abdominal pain mimicking an acute appendicitis, by careful physical examination, profound history taking and non-contrast enhanced computerized tomography